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Sublime Path To Kechara Paradise: Vajrayogini's Eleven Yogas Of Generation Stage Practice As Revealed By Glorious Naropa



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I love it. It's not ordinary reading, but it is very readable a little at a time. It follows the sadhana in a detailed way with the Tibetan.

This is an excellent review of Naropa's traditional buddhist practice. Even if you take attend a week or two of formal teachings about this practice, it can never equal the depth and detail of a book. So this book is a precious resource for practitioners.

The book gives an excellent account on the 11 generation stage practices of the Yidam Vajrayogini, as transmitted by Naropa, a famous Buddhist saint and disciple of Tilopa. Although the book was written by a monk of the Gelugpa order it is of great interest to all followers of Buddhism and especially to the followers of the Kagyā lineage, as this Buddha form belongs to the most central practices of the lineage. It is rich in basic and advanced explanations, from taking refuge to secret

offerings and vivid explanations on the energy system of the body. "Sublime Path to Kechara Paradise" establishes the link between Yidam practice and the Six Yogas of Naropa. Advanced, very worthwhile reading!

i bow before my teacher his work as is a main practice and a suppliment , takes you through all the steps, from lamrim refuge to ku'sum lam kyer.. coupled with six session guru yoga ..Six-Session Guru Yoga: An Oral Commentary With a Detailed Explanation of the Bodhisattva and Tantric Vows, your tantric knoweldge will truly flourish i recomend this to all of those who have the right to have it..and as the buddhas before have saidmay all being flourish by the pour of the dharma's incomparable perfection..chriskaosleeroy108@hotmail.com

A good step-by-step guide. If you're trying to understand this practice better, this book will help you providing many insights to this profound practice.

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